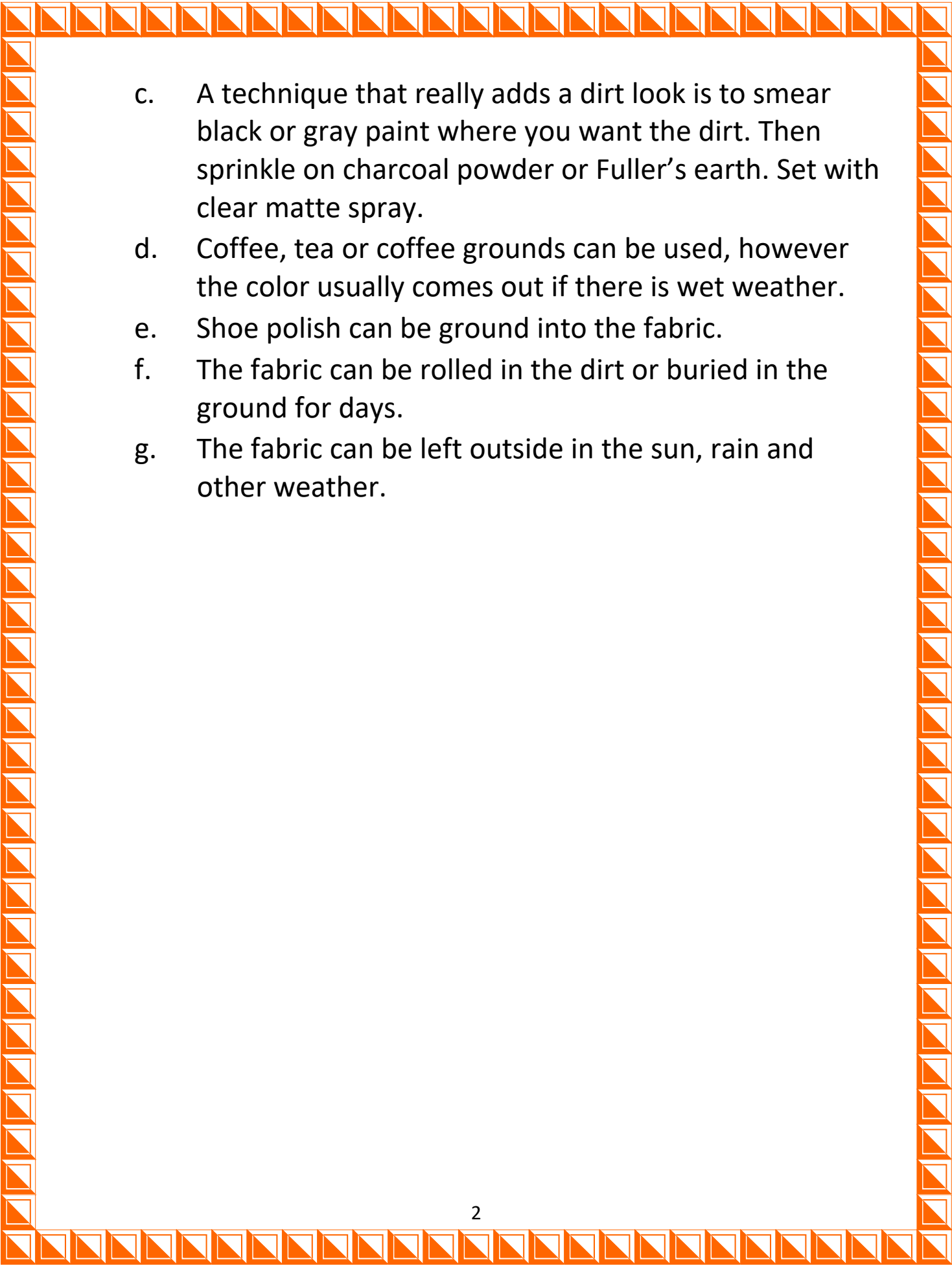


Distressing Fabric

1. Cotton garments work best as they take dye and paint better than other fabrics. Wash garments before you start as oils and chemicals in the cloth-making process can make it hard for other distressing techniques to work.
2. Use scissors or tools to roughen up fabric
 - a. Remove collars, rip out pockets and cut off hems as desired. Cut off plastic buttons or other inappropriate trims. Cut edges so they are ragged.
 - b. Use various tools to distress the fabric: scissors, hole saw, serrated knife, X-acto knife, sandpaper, rasp or file.
3. Various techniques can then be used in terms of color. I tend to use RIT dye especially for items that start out all white. Note that RIT dye doesn't always color the way you expect. Follow the standard RIT dye instructions for dyeing in a pot. Or mix liquid RIT dye with water and use in a spray bottle. Rinse out well and hang to dry completely.
4. Add more colors; a variety of colors layered in a blotchy fashion look more realistic than single colors.
 - a. Watered down acrylic paint can be applied with a brush or spray bottle.
 - b. Rustoleum Textured spray paints are made up of a number of colors of paints that spray out in an irregular fashion. They can add a sense of dust or dirt.

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- c. A technique that really adds a dirt look is to smear black or gray paint where you want the dirt. Then sprinkle on charcoal powder or Fuller's earth. Set with clear matte spray.
 - d. Coffee, tea or coffee grounds can be used, however the color usually comes out if there is wet weather.
 - e. Shoe polish can be ground into the fabric.
 - f. The fabric can be rolled in the dirt or buried in the ground for days.
 - g. The fabric can be left outside in the sun, rain and other weather.

5. Additional embellishments:
 - a. Sew or hot glue on tattered pieces of other materials particularly coming out of rips in clothing. Add previously distressed lace.
 - b. Sew or hot glue on old buttons or buckles. Use Sophisticated Finishes to add a rust or patina look.
6. Sew or glue or otherwise attach the garments to the skeleton. Unless you keep the garments fairly large it can be hard to take them on and off once you have cut them down to size.

Additional Information:

<http://madmaxcostumes.com/distressing/>

<https://www.linkedin.com/pulse/20140826164524-80762631-my-dystopian-costume-guide-dystopia-rising-an-inner-perspective>

<https://cosplayvillage.wordpress.com/2014/09/20/costumecon-32-distressing-costumes/>

<http://andsewingishalfthebattle.tumblr.com/post/1543816399-37/ive-been-having-some-trouble-lately-finding>

Hole Saw Fabric Shredder

